

PROGRAM BASED CES

		<u>COMPULSORY</u>	OPTIONAL COACH EDUCATION STREAMS								
			Participation Coaching Streams					Performance Coaching Streams			
Name of Overall Coach	Orientation to Squash	Squash Essentials	COMMUNITY COACHES					CLUB PROFESSIONAL	TALENT DEVELOPMENT		
SECTOR	Volunteers	All	Early Learning Programs				All	Squash Centres & Clubs	Clubs & Regions	Regions & State	State National & I/National
Coach Accreditation Title	NIL	SQUASH ESSENTIALS INSTRUCTOR	SCHOOLS ACCREDITED COACH			OZ SQUASH COACH	SQUASH SKILLS COACH	CLUB PRO COACH	REGIONAL COACH	STATE COACH	NAT HP COACH
Name of Specific Coach Training Programs	Orientation to Squash	Squash Essentials	Totball	1) Primary School Programs 2) Squash It! 3) Come 'n' Try Clinics	1) Secondary School Programs 2) Youth Skills Program	Skills Program with others TBA	Skills Training Program	1) Junior Club Programs 2) Senior Club Programs 3) Target Market Programs	1)Regional Programs 2)State based High Performance Programs	National Coaches Panel & High Performance Coaching Programs	National Coaches Panel & High Performance Coaching Programs
Coach Training Program Pre-requisites	NIL	None	None	Squash Essentials Instructor Accreditation	Squash Essentials Instructor Accreditation	Squash Essentials Instructor Accreditation	Squash Essentials Instructor Accreditation	Squash Skills Coach Accreditation	Squash Skills Coach Accreditation	Regional Coach Accreditation	State Coach Accreditation
Coaching General Principles Pre-requisites	N/A	None	None	Level 1 General Coaching Principles	Level 1 General Coaching Principles	Level 1 General Coaching Principles	Level 1 General Coaching Principles	Level 1 General Coaching Principles	Level 1 & 2 General Coaching Principles	Level 1 & 2 General Coaching Principles	Level 1 & 2 Coaching General Principles
Nominal Duration (Hours)	3	7	6 (4+2)	8	8	20	20	40	>100	>100	>200
Mentoring/ Assessing	NIL	<----- Once Instructors and Coaches gain accreditation then Training Programs for Mentors and Assessors can be conducted. Identification of suitable candidates to be undertaken -->									

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Areas of Competency/ Elements	THE ORGANISER a) Occ Health & Safety Understanding risks Injury Prevention Site Orientation b) Squash Etiquette COB Volunteers c) Communication Verbal/ Written d) Gen Sq Knowledge Pathways Resources Equipment e) How to Play Understanding the Game Game Types f) Working with Groups - with children	THE PLAYER 1) Risk Management 2) Code of Behaviour 3) Communication 4) Behaviour Management 5) Learning Styles THE GAME 1) Basic Rules 2) Understanding the Game 3) Basic Shots 4) Court Movement 5) Basic Tactics PLAYING 1) Group Organisation 2) Modified Games 3) Resources	1) Understanding Target Marketing (7 topics) 2) Understanding Programs (5 topics) 3) Delivering Programs (4 topics)	1) Understanding Target Marketing (Grades 1 - 7) 2) Understanding Programs (3) Delivering Programs 3) Delivering Programs	1) Understanding Target Marketing (Grades 8 - 12) 2) Understanding Programs (3) Delivering Programs	1) Understanding Target Marketing (Ages 19 - 90) 2) Understanding Programs (3) Delivering Programs <i>Topics Include:</i> Safety & Legal Issues Stage of Growth & Development Program Administration Communication - Language & Listening Group organisation - Crowd Control Activity levels - maximize or optimise What kids like - test 10 different areas. Coaching Principles Where Early Learning fits in the Sq Oz structure Use of resources Session Planning Spicing it up.	1) Prof Business Ethics 2) Session Planning 3) Learning Styles 4) Advanced Physical Motor Skills 5) Basic Mental Physical Abilities 6) Equipment & Aids 7) Activities 8) Individual Differences 9) Rules Paper 10) Market Club & Prog's 11) Marketing 12) Promoting the Coach NB: Club Coaching Elective Stream in Lvl 2 TD to be included into new "Club Pro" Training	Revision of current Lvl 2 Training Program with extra topics that specifically deal with Club & Regional Programs & Major Mentoring Program & First Aid Certificate	Revision of current Lvl 3 Train Program with extra topics that specifically deal with Regional & National Programs & Major Mentoring Program & First Aid Certificate	Revision of current Lvl 3 Train Program with extra topics that specifically deal with National & I/National Programs & Major Mentoring Program & First Aid Certificate
	Assessment Requirements (Evidence of Competencies Required)	NIL	Pass on Training Program.	<----- Mini-Presentation On-Course -----> <----- Post-Course Mentoring & Practical Assessment -----> <----- Successful Completion of Training Program Workbook -----> <----- Others ??? ----->				<-- Completion of Training Program W'/Book/ W'Sheets --> <----- National Rules Exam -----> N/A N/A <----- Level 1 ASCA -----> Evidence of Technical Knowledge 10 Assignments 10 Assignments <--- MENTORING Program for practical coaching ---> Periodised Plan <--- Major Periodised Plan --->		